



# COLONOSCOPY

## DISCHARGE INFORMATION

### **Advice following the procedure:**

- You may experience some abdominal discomfort from the residual air in your bowel - this should settle within 24 hours
- You may experience some pain and/or bruising at the injection site - this should settle without treatment.
- The preparation you have taken can result in you being left dehydrated - please drink some extra fluid over the next 24 hours to improve your recovery - approx. 2L of water would be ideal.
- It may take up to 2 - 3 days to re-establish your usual bowel elimination pattern after undergoing colonoscopy preparation.

### ***If you have had sedation for this procedure:***

#### **The drugs used may still be in your system.**

You **must** make sure you have a responsible adult to care for you at home after the procedure.

### **Until the following morning you should not:**

- **Drive a vehicle, ride a bicycle or operate machinery**
- Make any important decisions
- Sign legal documents
- Drink alcohol

If you require further advice or experience problems such as severe pain or bleeding contact our rooms on 9841 3500 or go to emergency at Albany Hospital