

BILATERAL VASECTOMY

Information

Vasectomy is a permanent method of male contraception. Your surgeon has discussed this in detail with you, including all the benefits, alternatives and complications. You have chosen vasectomy as the right procedure for you.

What to Expect

The surgery can be carried out with a general anaesthetic or local anaesthetic with or without sedation. If you have chosen local anaesthetic only, that's also ok.

Do not shave the operation area.

The operation takes 15–20 minutes to do and local anaesthetic will be injected after the procedure. The stitches used are dissolvable and will fall off on their own.

Post-Op Instructions

If you have a general anaesthetic or sedation, make sure there is a responsible adult to take you home. You will experience a bit of pain, and regular pain killers such as paracetamol and or ibuprofen should suffice. No strenuous exercise (like running or riding) for one week.

You should continue to use contraception until your ejaculate is clear of sperm. This usually takes about 30 ejaculates. You will be provided with a form for semen analysis in three months.

What to Look Out For

- Increasing pain despite regular pain relief.
- Redness and swelling.
- Excessive bleeding from the wounds or a swollen painful scrotum.
- Fever above 38 degrees celsius.

If any of the above occur, call Great Southern Specialist Centre or present to the Emergency Department at the Albany Hospital (or the ED nearest to you); your surgeon will be informed.