



GREAT  
SOUTHERN  
SPECIALIST  
CENTRE

## BEFORE MY OPERATION

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### Preparing your skin

Surgical site infections are not common and we do everything we can to minimise your risk but we need your help.

#### PLEASE DO:

- Remove all your jewellery
- Utilise the chlorhexidine preop
- Let us know if you have had a skin infection before

#### PLEASE DON'T:

- Remove hair or shave the area

### Fasting

- Solid food to be stopped 6 hours prior to your procedure.
- Clear fluids (pulp free juice, water, clear cordial, black tea/coffee) can be drunk until 2 hours before your procedure.

### Admission

- Your admission time will be given to you by the hospital the day before.
- Please allow yourself plenty of time to be there as being late may delay your surgery.
- Procedure times can vary, it is possible that you may be earlier or later than expected.

### Plan Your Discharge

- Procedures under general anaesthetic or sedation require a competent adult to be with you overnight.
- Someone should pick you up from the hospital and stay with you overnight. Not arranging for this to occur will most likely result in your procedure being cancelled.